

The mission of the Center for Rural Culture is to educate, promote and inspire members of our community to sustain a culture that supports agriculture and the local economy, protects natural and historic resources, and maintains our rural character and traditions.

We believe that environment, economy, and equity, when woven together, create a tapestry of sustainability for the future.

We also believe that a sustainable culture is one that accumulates the following five assets: natural, social, human, physical, and financial capital assets.

Educate. . . Promote. . . Inspire. . . key words and themes that keep the Center for Rural Culture focused on its vision and pushing toward its mission.

The Center for Rural Culture is a 501(c)(3) organization.



Center for Rural Culture  
Post office Box 39  
Goochland, Virginia 23063

**If you would like to learn more about how you can sustain the culture of your rural community and support the work of the Center for Rural Culture call 804-332-3144,**

**The Center for Rural Culture and Whole Foods Market® Present:**

## AUTUMN HARVEST TASTING & SEED SWAP

*Sustaining Rural Culture*

**THURSDAY,**

**OCTOBER 2ND, 2008**

**6:30-8:30PM**

**GRACE CHURCH PARISH  
HOUSE  
2955 RIVER ROAD WEST  
GOOCHLAND, VA 23063**

Tel: 804-314-9141  
Web: [www.CenterForRuralCulture.org](http://www.CenterForRuralCulture.org)  
Email: [info@CenterForRuralCulture.org](mailto:info@CenterForRuralCulture.org)

**TASTE THE BOUNTY OF  
OUR LOCAL HARVEST AND  
BUY/SELL/TRADE SEEDS**



The Center for Rural Culture is hosting an Autumn Harvest Tasting & Seed Swap on Thursday, October 2nd, 2008 from 6:30-8:30pm. Come taste local food at its best—Goochland Farmers Market Vendors will provide Chef William Robertson with the ingredients for spectacular culinary temptations. Connect with local farmers and learn about their unique farming practices. Learn about the nutritional advantages of fresh, local foods. Discover the value of seed saving—Buy/Sell/Swap seeds with others. Sample local wines!



Meet your local farmers and talk with them about the value of locally produced food. Our Market Manager, Cricket Rakita, will share his vast knowledge of seed saving and will offer seed-saving tips & techniques!

Taste delicious fresh, local, seasonal food prepared by our very own local chef William Robertson.



Popular Speaker Ira

Wallace will be on hand to answer questions and will bring seeds and seed saving supplies to sell as well as some trial varieties for the seed swap.

[www.SouthernExposureSeedExchange.com](http://www.SouthernExposureSeedExchange.com)



Grayhaven Winery of Gum Springs will provide tastings of local wines. Tastings are included with the \$12.00 cover charge.

[www.GreyHavenWinery.com](http://www.GreyHavenWinery.com)

This event is brought to you by Whole Foods Market®, Short Pump, located on West Broad Street across from Best Buy® in the Far West End of Richmond (Opening September 3rd, 2008). Come and find out more about the world's leading natural and organic foods supermarket and America's first national certified organic grocer. **Shop on Saturday, September 6th and the Center for Rural Culture will receive 5% of the gross receipts!**

[www.WholeFoodsMarket.com](http://www.WholeFoodsMarket.com)

*At a recent Center for Rural Culture workshop at Brookview Farm, attendee Tom d. stated that “(The food was) full of flavor that has long been lost in all the processing and mechanization”.*

- Sample delicious, local, seasonal foods
- Meet and talk with local farmers
- Learn about the nutritional advantages of fresh, local food
- Discover the value of seed saving
- Buy/Sell/Swap seeds with others
- Sample local wines



**Register Online Today!**  
[www.CenterForRuralCulture.org](http://www.CenterForRuralCulture.org)

**Registration Form**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Make check payable to: **Center for Rural Culture**

Mail this form and payment to:

**AUTUMN HARVEST TASTING**

Center for Rural Culture

P.O. Box 639

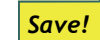
Goochland, VA 23063

**Registration Deadline is September 29th, 2008**

Same Day Registration available on a First Come, First Serve Basis!. **Registration is limited to 125.**

Method of Payment

- Check  
 Visa  
 MasterCard



Pre-registration Cost.....\$10.00  
Same Day Registration ....\$12.00  
CRC Member Cost.....\$8.00

Credit Card # \_\_\_\_\_

Exp. date \_\_\_\_\_

Signature \_\_\_\_\_



Grace Episcopal Church  
Parish House  
2955 River Road West  
Goochland, VA 23063  
(location of the Goochland  
Farmers Market)

**Your ticket will be mailed to you upon receipt of this registration form and payment.**